



Rotary Club of Christchurch South Inc.

P O Box 12-243, Christchurch 8023, NZ.

SERVICE ABOVE SELF



Bulletin

#03 for 17 July 2024

Gwenda Kendrew:

‘An Update from Aviva – everyone deserves to live free from violence.

We were very fortunate to have Gwenda Kendrew, the Operations Manager for Aviva for the last 7 years, speak to us on Wednesday evening. She certainly has a passion for people.

Aviva was founded in 1973 as Christchurch Women’s Refuge. This started the family violence refuge movement in New Zealand. In 2023 the organisation celebrated 50 years of supporting individuals and families.

Aviva is located upstairs on Level 1 at Eastgate Mall and is known as The Loft. There are 14 agencies in that area and about 100 staff all up. This includes: Problem Gambling, Plunket, Community Law, Budgeting and it is a Hub for Social Services.



Aviva is available 24 hours a day, 365 days a year providing specialist services to support people to live a life free from family and sexual violence and overcome the harm that it has caused. The organisation supports people of any age, gender and sexuality to make a start on a violence-free life.

There are many kinds of abuse: threats and harassment, psychological or verbal, emotional or spiritual, physical, sexual, witnessing and hearing and financial. Aviva provides the appropriate support in accordance with the type of abuse.

Each year Aviva supports over 1200 children and adults in Canterbury and respond to over 4000 calls on their emergency line. There are 14 different Nationalities working for Aviva, which is helpful when an interpreter is needed or English is not a person's first language.

There is a support phone line, family violence specialists, family violence programmes, ReachOut for early intervention, sexual violence teams, Seuga which is aimed at restoring wellbeing for Pasifika families, help when applying for a protection or parenting order as well as support from many other agencies and services.

'Just knowing that there's someone who understands, someone who will listen...knowing that you're not alone, that there is someone who cares, it makes a huge difference. Thanks to Aviva, I knew I wasn't alone and I found hope again....'.

'So many of the barriers that used to be there aren't there anymore'.

'I felt much better, much calmer. The big change has been in my thinking'.

After collecting at New World for about 5 years I have noted that there are fewer people asking what Aviva is all about and fewer thinking it is something to do with retirement homes. Along with others who have collected for Aviva, we have listened to many stories with a positive outcome. The common thread is – I wouldn't be where I am now, if it wasn't for Aviva.

Let's continue to collect for Aviva and support this incredible organisation that has made and will continue to make a huge difference to many people's lives.

Thanks to Viv for the report and photo

Upcoming Meetings

24/07/2024	Michael Flatman	The Maia Health Foundation – Lasting impact on Healthcare in Canterbury
31/07/2024	Raconteur Ken Lord (Partners Night)	Raconteur Ken Lord – William Shakespeare, an unauthorised Biography
7/08/2024	Former Radio Announcer Barry Corbett	Barry Corbett - Radio Waves to Tram Tracks – Reflections & Musings on my life in Christchurch

Upcoming Events

- **Walker/Luncheon Group:**


AUGUST WALK – Thursday, 15th

- **Community Garden**

Every Wed. 1pm - 2pm, 188 Strickland St., come along and lend a hand.

- **Street Appeal Dates**

Parkinson's and MS
September 6th and 7th
9-5pm
New World, St. Martin's.

Pink Ribbon 
October 18th
9-5pm
Christchurch Airport

Dementia Canterbury
November 8th and 9th
9-5pm
New World, St. Martin's

Aviva
May 16th and 17th
Or
May 23rd and 24th.
New World, St. Martin's.

Theses dates will all be confirmed nearer the time of the appeals.

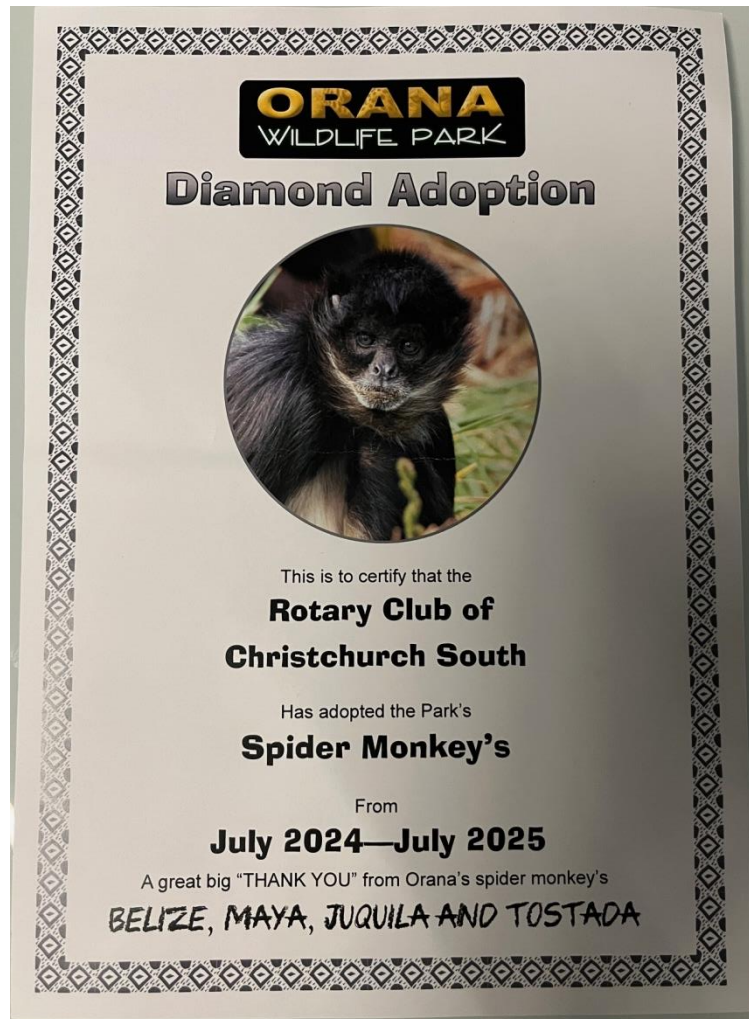
Notices:

- **Partners Night:**

31/07/2024	Raconteur Ken Lord (Partners Night)	Raconteur Ken Lord – William Shakespeare, an unauthorised Biography
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- **JOHN TAYLOR WALKWAY**
Saturday 27th July 2024.
10-12 followed by a BBQ.

- **CASHMERE STREAM ESPLANADE**
Saturday 21st September.
10-12 followed by a shared lunch. Please bring a wheelbarrow, spade and pitchfork if you have them and garden gloves



Letter of appreciation from Orana Park is attached to this Bulletin posting

Duties:

Duty	24-Jul-24	31-Jul-24	7-Aug-24
Cash Desk	M Bruce	G Dockrill	A Airay
Cash Desk	D Buist	D Peterson	A McCully
Reception	D Peterson	H Garlick	V Ellis
Speaker's Host	A McCully	S Harris	M Opie
Grace	A McCully	S Harris	M Opie
International Toast	D Peterson	H Garlick	V Ellis
Thanks to Speaker	D Buist	G Dockrill	A Airay
Quote for the Week	M Bruce	D Peterson	A McCully
Speaker Reporter	M Opie	G Bailey	A McKinnon
Sergeant	A Airay	M Bruce	G Bailey

Leave:

WHO	From	To
M Whitehead	9/9/15	TBA
J Wylie		TBA
S Haye	11/8/20	TBA
E Bermingham	1/1/23	TBA
S McLean	20/3/24	19/6/24
L Brown	01/05/24	TBA
A Kim	15/06/24	15/11/24

The link for the club web pages is: www.christchurchsouthrotary.org.nz

The link to club Facebook pages

is: <https://www.facebook.com/ChristchurchSouthRotary/>

Reminders:

APOLOGIES

- Record your apology at the Reception Desk at a prior meeting OR
- Email: chchsouthrotary@gmail.com before 11.00am on the Wednesday; you will get a reminder a couple of days before the meeting re apologising and to advise if bringing guests.
- Emergency apologies to Alan McKinnon (021 142 7668) or Club Secretary Viv Ellis (027 490 3161)

DUTIES

If you are unable to carry out your allocated duty, it is YOUR responsibility to arrange a substitute.

LEAVE OF ABSENCE

Please advise all leave of absence (three or more weeks) to the Secretary by email or in writing