

Rotary Club of Christchurch South



17 April 2024

Carl Davidson

“Loneliness In Christchurch”

Carl gave us an inspired address and his academic training is as a psychologist/social scientist. He opened his address reminding us of the Beatles song “Helena Rigby” which talked about: look at all the lonely people, where do they all come from?

Carl was involved in the research of the “Pulse of Christchurch 2023” and they released the following facts:

- 15% of people had no one to turn to if they had an issue.
- 20% of people had no one to talk to re intimate problems.
- 50% of people said it had become harder to make genuine friends (this compares with the national average of 64%).

It follows that social capital binds us together in terms of trust and safety. Other stats from that survey included the following:

- 26% of Christchurch people don't trust other people.
- 34% of women don't feel safe on public transport.
- 13% of people feel lonely on most days.
- 21% never chat to their neighbours.

Essentially what Carl was saying is that loneliness is now an epidemic. In fact he concluded that chronic loneliness is equivalent to the same risk as smoking 7 cigarettes per day. He also commented that the rest of the world are well ahead of us and noted that the UK has a Loneliness Commissioner.

The fastest growing household is in fact a single person household, and the first action required is that we take it seriously.

Statistically young people are much more vulnerable and a discussion around the table was that we thought older people were more vulnerable, but that is in fact not the case. We need to remind people that it doesn't have to be like this.

Carl was a seasoned presenter and his message pitch was somewhat disturbing.

It demonstrates the ongoing need for organisations such as Rotary with our mantra of: “Service Before Self”.



Thank you Alan S for the report and Viv for the photographs



Kate Airay RYLA spoke to us and received her certificate.

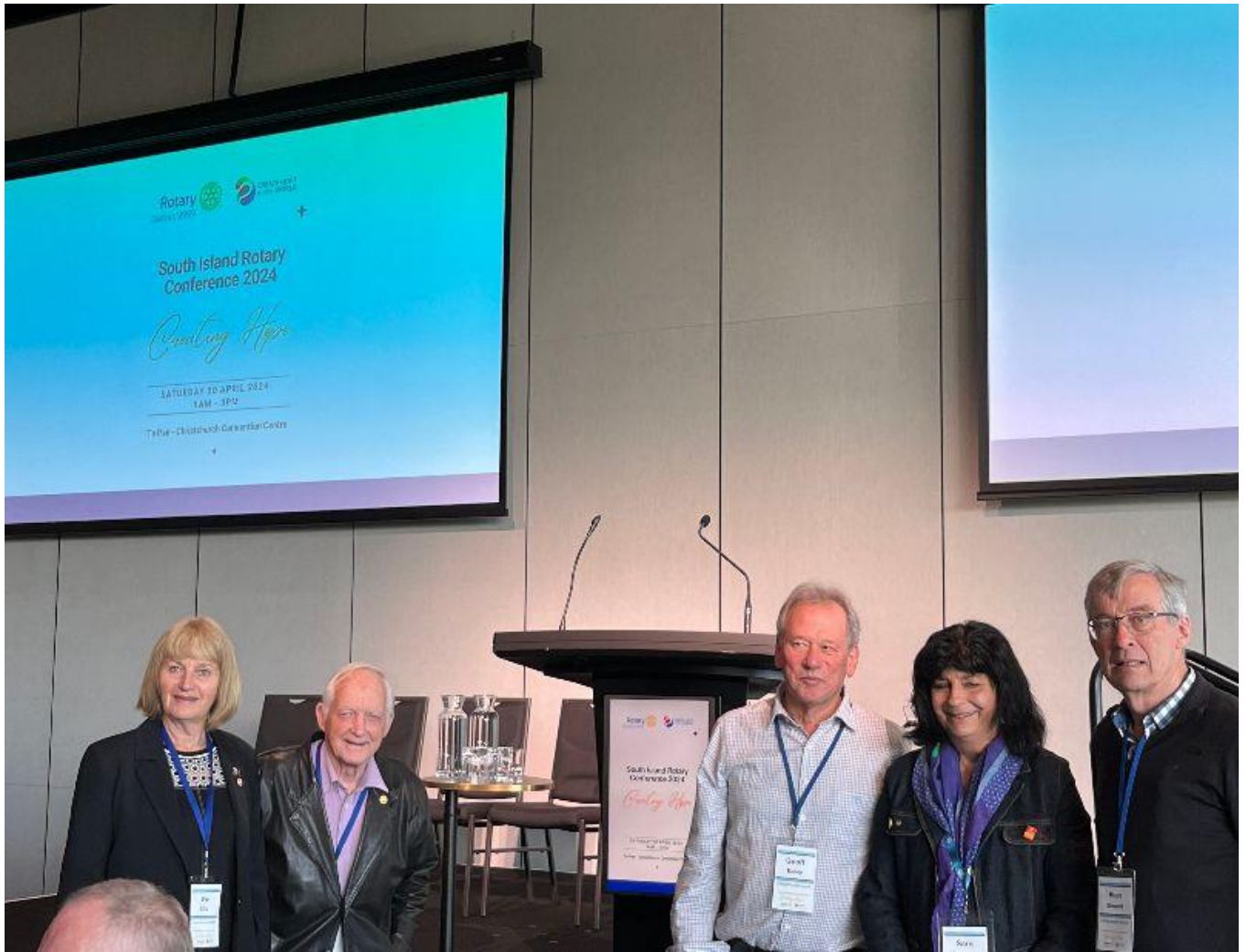


Geoff and Viv working at Christchurch South Community Garden.

Photographs from South Island Rotary Conference 2024



Jennifer Jones. Immediate Past Rotary International President.



The team from Christchurch South Rotary.

Upcoming Meetings

24 April 2024

Club Forum

CLUB FORUM AGENDA – Club Meeting, Wednesday 24/04/2024

Summary/discussion of our Club's 'state of the nation':

- activities (current and projected; 'Other' committees' chairs to close out their year);
- finances – role of Trust w.r.t. Board;
- donations to Foundation v. Polio plus;
- member access to monthly financial reports;

- meetings
 - frequency
 - meals
 - alternative dining
 - length
- questions/matters from the floor;

1 May 2024

Braintree Wellness Centre – 5.45pm for 6.00pm Start 7.45pm Finish
Off site Dinner and Tour of the Braintree Wellness Centre with **Malcolm Rickerby**

8 May 2024

Jo Houghton

Christchurch Kidney Society Making a difference in Canterbury

15 May 2024

Ross Haggart

Family Help Trust Helping Children and Families achieve wellbeing

Upcoming Events

John Taylor Walkway

Our next visit to the Walkway will be Saturday 27th April 10 - 12 with a BBQ afterwards. We need to do more planting and maintenance.

Christchurch South Community Garden

Every Wednesday 1pm to 2pm, 188 Strickland Street, come along and lend a hand.

Archives

We are now at the point of collecting photos from members, past members, honorary members and friends of Rotary for our archives.

Please contact Kim at tanner.kimberley@gmail.com if you have any photos from the year **2000 onwards** of **significant events**. We are hoping to have this project completed by the end of this year

AVIVA STREET APPEAL

FRIDAY 17th May and
SATURDAY 18th May
From 9-6pm in 2 hour slots

At New World St. Martin's.
Please keep these days free to help.

Rotary Club of Christchurch South

'WORKING BEE'

Cashmere Stream Esplanade
Sunday 10-12 28th April
Shared lunch to follow.

Duties

Duty	24-Apr-24	1-May-24	8-May-24
Cash Desk	G Bailey	#N/A	G Bailey
Cash Desk	M Bruce	#N/A	G Dockrill
Reception	V Ellis	#N/A	D Peterson
Speaker's Host	#N/A	#N/A	A Stewart
Grace	D Buist	#N/A	A Stewart
International Toast	V Ellis	#N/A	D Peterson
Thanks to Speaker	#N/A	#N/A	G Bailey
Quote for the Week	M Bruce	#N/A	G Dockrill
Speaker Reporter	A Stewart	A Airay	V Ellis
Sergeant	L Brown	#N/A	R Palmer

Leave

Who	From	To
M Whitehead	9/9/15	TBA
J Wylie		TBA
S Hays	11/8/20	TBA
E Bermingham	1/1/23	TBA
R McKinney	16/9/23	30/4/24
S McLean	20/3/24	1/5/24

The link for the club web pages is: www.christchurchsouthrotary.org.nz

The link to club Facebook pages is: <https://www.facebook.com/ChristchurchSouthRotary/>

Reminders

APOLOGIES

- Record your apology at the Reception Desk at a prior meeting OR
- Email: chchsouthrotary@gmail.com before 11.00am on the Wednesday; you will get a

reminder a couple of days before the meeting re apologising and to advise if bringing guests.

- Emergency apologies to Alan McKinnon (021 142 7668)
or Club Secretary Viv Ellis (027 490 3161)

DUTIES

If you are unable to carry out your allocated duty, it is YOUR responsibility to arrange a substitute.

LEAVE OF ABSENCE

Please advise all leave of absence (three or more weeks) to the Secretary by email or in writing